

Regulation –

Barcelona Tower Running Challenge 2026 x Mirador Torre Glòries

Article 1

The Barcelona Tower Running Challenge 2026 x Mirador Torre Glòries is a vertical race, promoted by Torre Glòries and organised by Gaudium Sports.

The Barcelona Tower Running Challenge 2026 x Mirador Torre Glòries is part of the Towerrunning Tour 2026, governed by the [Towerrunning World Association \(TWA\)](#).

The TWA is the sole worldwide governing body for this discipline. It is responsible for regulating and promoting stair-climbing races globally. It supports the Towerrunning Tour, manages the world ranking and regulates world and continental championships.

Article 2

The 1st edition of the Barcelona Tower Running Challenge 2026 x Mirador Torre Glòries will take place at Torre Glòries on Saturday, 17 January 2026.

The race consists of ascending 34 floors, with a positive elevation gain of 125 metres.

Article 3

The event is open to persons of any nationality, whether licensed or not.

Participants must be at least 18 years old on the day of the race.

The registration limit is 500 participants.

Categories:

- Elite: professional athletes of the Towerrunning Tour.
 - Amateurs.
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Article 4*

The first start will be at 5:30 p.m.

- Amateur category athletes will start first, with starts every 15 seconds.
- Elits will follow, with starts every 30 seconds. (Approximate time: 7:50 p.m.)

**Modified for logistical reasons on 15/01/2025.*

Article 5

Registration is personal and non-transferable.

Once completed, it may not be transferred to another person, and the paid fee will not be refunded in case of inability to participate.

Registration for the ELITE category will be managed directly by TWR, which will provide participants with a specific registration link, separate from that of the Amateur category.

Article 6

All participants will receive a timing chip attached to the bib.

There will be two timing points: at the start and at the finish. Failure to pass these points will result in disqualification.

Article 7

ELITE CATEGORY

The overall individual classification for the ELITE category will be awarded directly by TWR. This entity is the sole authority responsible for awarding prizes for this category. All details regarding the classification, criteria and prizes for the ELITE category are available on the official TWR website: <https://www.towerrunningworldassociation.com>.

In addition to the TWR prizes, winners will receive a trophy and a medal.

AMATEUR CATEGORY

The top three men and the top three women in the AMATEUR category will receive:

A trophy and a medal.

All participants who complete the race within the control time will receive a finisher medal as recognition of their participation.

Article 8

To collect the bib and the commemorative T-shirt you must present the registration receipt and an official ID.

These items may be collected on the race day, 17 January 2026, from 10:00 to 17:00, at the tents located at the entrance of Torre Glòries.

Article 9

There will be a liquid refreshment point at the finish.

Article 10

PARTICIPANT DECLARATION

Each participant assumes full responsibility for their behavior and undertakes to fully comply with applicable law, regulations and the internal rules of the Race Organiser, fully releasing the Organiser and any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) from any liability arising from their own acts.

In particular, neither the Organiser nor any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) shall be responsible for acts, behaviours, opinions or comments made or expressed by participants (nor for any criminal, civil or other liability that these may give rise to) during their participation in the Race.

In case of breach of any of the conditions contained in this Regulation, the Organiser and/or any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) shall proceed to the immediate cancellation of the participant's entry, and may expel them immediately from the Race, the Organiser and any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) being released from any liability.

Given the nature of the Race, which entails a significant physical effort, the participant, by merely completing the registration, expressly states and declares under their sole responsibility:

- To be in perfect health, not to suffer nor to have suffered in the past any illness, defect or physical alteration, pre-existing injury or condition that would prevent their participation in this sporting event, and to release the organiser from any liability related to physical activity.

- To be in adequate physical and health condition to take part and to have undergone the necessary medical checks to ensure that they can participate without risk to their health or physical integrity.
- That they are medically fit and adequately trained to participate in the Race.
- That they are fully aware of the inherent risks of the exercise or sporting activity they will perform by participating (entirely voluntarily) in the Race; they assume any damages and/or physical or material injuries not covered by the reference insurance, taking out any additional insurance that may be convenient and/or necessary, and expressly release the Race Organiser and any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) from any liability of any kind for such damages and/or injuries they may suffer during the Race, expressly waiving any right to make claims against them for such damages and/or injuries.

To these effects, the participant shall be solely responsible for any adverse consequences that may arise during their participation in the Race, such as death, accident or injury, among others, caused by lack of accuracy or truthfulness of the above statements and/or due to their wilful, negligent or reckless conduct, and shall also be responsible for any damage they may cause to other persons or entities participating in or involved in the Race.

The lack of truthfulness, inaccuracy or incomplete nature of the participant's statements for these purposes does not exempt them from liability, releasing in any of the aforementioned cases the Organiser and any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) from any liability and keeping them indemnified against any such adverse consequences. In particular, the participant waives the right to claim in such cases against the Organiser and any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) any alleged loss of profit.

Additionally, the participant assumes the following obligations in relation to their participation in the Race:

- Accept and comply with all conditions and rules governing the Race.
- Warm up and stretch to avoid injuries, before and after the Race.
- Wear appropriate footwear, clothing and sports equipment for the Race.
- Participate in the Race responsibly, respecting the participation rules and the instructions given by the organiser.
- Refrain from any acts or conduct that are violent, uncivil, unsportsmanlike and/or that incite violence in sport, as well as racist, xenophobic or intolerant acts in sport.

- Refrain from any acts, conduct or comments that may cause harm, discredit or damage the image of the Organiser and/or any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place).
 - Refrain from any acts or conduct that may damage the facilities of the building where the Race takes place.
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Article 11

The organisation will hold a civil liability insurance policy and sports coverage valid in Spanish territory.

Likewise, participants are informed that the Race organisation provides duly registered participants with accident insurance that covers possible traumatic injuries occurring during participation. For these purposes, a traumatic injury is understood as an injury resulting from an external element (e.g., tripping over an object on the ground, a step of the stairs, or another person, etc.), and expressly excludes non-traumatic injuries or those not caused by an accidental event, such as pulls, muscle overloads or fibrillar tears, as well as injuries that may derive from the participant's own physical condition, degenerative injuries or injuries resulting from pre-existing conditions, cardiovascular conditions or illnesses of any nature, among others. Consequential losses are also expressly excluded from the aforementioned insurance. It is expressly stated and the participant accepts that, in the event that the participant suffers any injury during the development of the Race which subsequently requires rehabilitation treatment, such treatment may only and exclusively be carried out at the medical centres contracted and/or covered by the accident insurance covering the Race in question; the participant may not appoint a centre of their choice that is not covered by this accident insurance. In such case, the participant will bear the full cost of the rehabilitation treatment.

By virtue of the foregoing, and being fully aware of the inherent risk, the participant assumes any damages and/or physical or material injuries not covered by the reference insurance, contracting any additional insurance they deem convenient and/or necessary, and expressly releasing the Race Organiser and any other entity linked to the organisation and development of the Race (including the owner of the building where the Race takes place) from any liability of any kind for such damages and/or injuries they may suffer during the Race, expressly waiving any right to make claims against them in respect of such damages and/or injuries.

Article 12

Official medical services may withdraw any participant for medical reasons.

Article 13

PRIVACY POLICY

1.DATA CONTROLLER

Your data will be processed by THE EXHIBITIONS COMPANY S.A.U., with CIF A-29039807 and registered office at Paseo de la Castellana 257, 28046 Madrid (hereinafter, “TEC” or the “Controller”, interchangeably).

2. PURPOSE OF THE DATA PROCESSING, CATEGORIES OF DATA PROCESSED AND RETENTION PERIODS

The data you provide in the form or subsequently will be processed by TEC for the following purposes:

- a) Management of registration and participation in the corporate race, including the processing of the registration payment, assignment of bib number, timing and classification.
- b) Ensuring compliance with the Participation Rules and the Participation Declaration made by you.
- c) Audiovisual recording for promotional purposes of the race and the Company’s activities, among others, as established in the image authorisation available in point 8 of this Privacy Policy and in the image use authorisation.
- d) Communication of relevant information related to the race (schedule changes, regulations, etc.).
- e) Sending commercial communications related to products and services associated with Mirador Torre Glòries, including potential future editions of the Barcelona Tower Running Challenge 2026 x Mirador Torre Glòries.

Aside from the above, we inform you that the Race is a public event of general interest, and it is likely that media outlets will report, broadcast or record the Race, so your image and voice may be captured by third parties unrelated to TEC or any participating company or organisation, directly or indirectly, in the organisation of the Race.

Fields marked with an asterisk (*) on the registration form are mandatory. Refusal to provide them will make it impossible for you to participate in the race.

3. LEGAL BASIS FOR DATA PROCESSING

The processing of your personal data is based on the following legal bases:

a) The execution of the registration contract for the Race and the Participation Rules, which you accept together with the Participation Declaration when registering as a participant.

b) The explicit consent you provide for:

- the recording and use of your image for promotional purposes,
 - the sending of commercial communications.
- TEC informs you of the right to withdraw consent at any time.

c) If necessary and exceptionally, the legitimate interest to guarantee the safety of persons, property and facilities.

d) If necessary and exceptionally, processing necessary to protect vital interests of the data subject or another natural person.

4. RECIPIENTS OF THE DATA

Your personal data may be disclosed to:

- a) The financial institution managing the payment gateway, solely for the processing of the registration fee.
- b) Collaborating companies strictly necessary for the organisation and development of the race.
- c) Assignees of rights: online platforms, production companies, television networks and any other third parties to whom exploitation rights referred to in point 8 of this Privacy Policy are assigned.
- d) Third parties: in particular, insurance entities and law enforcement agencies, as well as where there is a legal obligation.

5. INTERNATIONAL DATA TRANSFERS

No international transfers of your personal data outside the European Economic Area (EEA) are planned.

6. DATA RETENTION PERIOD

Your personal data will be retained for the time necessary for the purposes for which they were collected:

- a) Registration and participation data: will be retained for the time necessary to manage the race and thereafter for the legally applicable limitation periods.
- b) Audiovisual recordings: will be retained for the maximum period permitted by law, which in this case will be seventy (70) years from the capture of the image, unless consent is revoked earlier.
- c) Billing data: will be retained for the period established by tax and accounting law (currently 10 years).

7. DATA SUBJECTS' RIGHTS

You may contact TEC's Data Protection Officer and request access to your personal data, rectify inaccurate data or request their deletion when they are no longer necessary; you may also request restriction of processing, portability, the right to object or withdraw consent, either by postal mail to Paseo de la Castellana 257, 28046 Madrid, or by email to rgpd@miradortorreglorias.com (this email address is intended solely for data protection matters), with the reference "Exercise of Rights", indicating the specific request.

However, requests that are manifestly unfounded or excessive may be refused. You are also informed of the right to lodge a complaint with the Spanish Data Protection Agency (www.aepd.es).

8. IMAGE RIGHTS AUTHORISATION

TEC declares that it will record and capture images of the Race, as well as any other activity carried out during your participation, for the purpose of producing corporate videos (the "VIDEO") and for promotional purposes, intended for initial dissemination via TEC's corporate tools, media outlets, social networks and any other media, as well as the production of works and/or audiovisual recordings (the "Works").

By accepting this Policy, you authorise and accept that TEC may capture and record (image and/or audio) your participation in the Race to incorporate and/or synchronise it into the VIDEO and may proceed to carry out, exclusively and with the power to grant exclusive assignments to third parties, by any system, format, procedure or modality, whether free or for consideration, in whole or in part, all acts of reproduction, public communication, transformation (including, among others, dubbing and subtitling) and distribution, in any medium or format it deems appropriate, without temporal limitation and for exploitation worldwide.

The authorisation and assignment of rights includes, among others, exploitation in any medium and/or system, including by way of example: television systems, commercial or non-commercial venues, videographic supports (including for domestic use), video-on-demand systems, printed editions, phonographic productions, interactive and multimedia systems, "online" systems (including the Internet —websites and social networks—) and any system that allows perception on any fixed or mobile device. Derivative and secondary exploitations are also included, such as merchandising, marketing and advertising activities, use of extracts or sound elements for isolated exploitation or incorporated into other works and/or recordings, including use for information, promotion or commercialisation of the VIDEO or its production process, or other products or services.

TEC is expressly authorised to use your name, image and voice for exploitation of the VIDEO under the rights set out in this policy.

This authorisation and assignment of rights is granted free of charge, so you will have nothing to claim, now or in the future, against TEC or its assignees as a result of this authorisation and assignment.

9. THIRDS

If you attend the Race with an accompanying person or provide personal data of third parties (family members, partner, friends, etc.), you must have previously informed them that the Race is recorded and obtained their authorisation for the capture of their image for the purposes stated, under the same conditions and for the same purposes provided in the previous section, as well as the retention periods and information about rights.

Article 14

Runners and organisers are subject to the TWA code of conduct, which includes:

- Fair play and sporting behaviour.
- Fight against doping.
- Respect towards organisers and participants.
- Compliance with safety rules.

Non-compliance may result in sanctions, including suspension from future competitions.

Article 15

This regulation is subject to possible changes according to health and/or governmental guidelines.

Article 16

Participants accept all articles of this regulation by registering for the **Barcelona Tower Running Challenge 2026 x Mirador Torre Glòries**.